



Program: University of South Florida- Teaching Abroad

Dates: Sunday May 19th - Saturday June 1st, 2019

## Welcome to Costa Rica!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
May 19th	May 20th	May 21st	May 22nd	May 23rd	May 24th	May 25th
Departure from Tampa Pick up from airport to ILISA for cultural orientation  Host families pick up  Dinner at host family	Breakfast at host family  9:00 San José Tour to visit Central Avenue, Central Market, and the Gold Museum  Lunch included at ILISA  15:00-17:00 pm Spanish class  Dinner at host family	Breakfast at host family  7:00–11:30 Colegio Monterrey K-12  Dinner at host family	Breakfast at host family  7:00–11:30 Colegio Monterrey K-12  14:00 Lecture: Education System in Costa Rica with Prof. Tobías Brizuela, Universidad Estatal a Distancia, Head of Teaching English department 4:00 2 for 1 Movie night (need \$ for snacks)  Dinner at host family	Breakfast at host family  7:00–11:30 Colegio Monterrey K-12  16:00 Dance class  Dinner at host family	Breakfast at host family 7:30 La Paz Waterfalls, Poas Volcano and Coffee Plantation (includes guide, lunch, and transportation)  Dinner at host family	Breakfast at host family 7:15 Tropical Rainforest and Chocolate Tasting in the Tirimina Reserve. (includes transportation, guide, lunch, and chocolate)  Dinner at host family
May 26th	May 27th	May 28th	May 29th	May 30th	May 31st	June 1st
Breakfast at host family Need \$ for bus/Uber 8:30 - 4:30 Visit the Basilica, Orosí Valley, Irazú Volcano & Coffee Tour  Dinner at host family	Breakfast at host family Need \$ for bus/Uber 9:30 Visit to a public school 3:00 Dance class  Dinner at host family	Breakfast at host family Need \$ for bus/Uber 7:00–11:30 Colegio Monterrey K-12  Dinner at host family	Breakfast at host family Need \$ for bus/Uber 7:00–11:30 Colegio Monterrey K-12  Farewell Dinner  Dinner at host family	Breakfast at host family Need \$ for bus/Uber 6:00 Beach excursion to Isla Tortuga FREE AFTERNOON  Dinner at host family	Breakfast at host family Open for additional excursions  Dinner at host family	Breakfast at host family  Departure

Homestay schedule: breakfast between 6:30 and 7:30 and dinner between 6:30 and 7:30

#### La Paz Waterfall Gardens & Doka Coffee Tour

Breakfast at host family

07:30: Coffee Plantation

13:00: Lunch and La Paz Waterfall Gardens

16:30 : Return to San José

This part of the program includes a visit of the Cloud Forest and the Botos Lagoon. Lunch, after which there is a hike through the gardens of the La Paz Waterfalls, where the trails take you to the Magia Blanca Waterfall.

What to bring: Camera, sunglasses, sunblock, comfortable shoes, mosquito repellent, raincoat, umbrella and water. No flip flops

#### Tropical Rainforest and Chocolate Tasting

This 2.5 hour tour will open the secrets and wonders of one of mankind's favorite foods: chocolate. The tour will be led by a trained guide across the suspension bridge and a sector of the Tirimbina forest to a former cacao-growing plot.

Lunch is not included, but available for \$16.

Requirements: closed shoes or boots at all times.

What to bring: water, insect repellent, poncho or umbrella, binoculars and camera.

#### Orosí Valley, Irazú Volcano & Basilica trip

Departure from ILISA at 8:30 am

~16:30 Return to San José

This part of the program includes a visit of the impressive Irazú Volcano and the Orosí Valley, an area that overflows with unparalleled beauty. Lunch will take place at the Cafetal. After that, there will be a Coffee Tour in the area of Orosí.

What to bring: swim suit, sun screen, mosquito repellent, sweater and sandals.